

ABSTRACT

The understanding of this literacy is not just the ability to read or write, because writing texts is expanded in the visual form, visual audio and the sophistication of computerized dimensions, so in the text understanding there are cognitive, affective and intuitive elements. The purpose of this study is to know the relationship of Health Literacy with the presence of preschoolers at TK al-Ichlas Talun Kidul Sumobito Jombang.

This research uses cross sectional research design. The population in this study is all parents of TK Al-Ichlas Talun Kidul Sumobito Jombang amounted to 35 respondents. While the sample is taken with a total sampling. Data were collected with interviews using Aahls and Food Frequency questionnaire. The data collected by the processing of data processing and analyzed using Spearman Rank test.

The results showed most of the respondents had the Health Literacy Excellent (very good), almost all respondents had a good diet.

The value of the value of a 0.441 and P Value 0.008) which means there is a relationship of health literacy with preschool children's diet at TK al-Ichlas Talun Kidul Sumobito Jombang.

The knowledge and capabilities of parents and adults around children to manage healthy food are very main. Therefore, parents, especially moms should have knowledge of childbirth naughty child in order to serve food nutritioned and healthy for children.

Keywords: Health Literacy, Dietary habit, Preschool Children

