

## **ABSTRAK**

Indonesia merupakan salah satu negara yang terjangkit pandemi Covid-19 dengan angka kejadian yang tinggi. Situasi pandemi Covid-19 ini memerlukan pemahaman dalam upaya pencegahan penularan Covid-19. Jenis penelitian adalah Kualitatif dengan desain Deskriptif. Tujuan dalam penelitian ini adalah untuk mengetahui tingkat pemahaman ibu hamil tentang pencegahan penularan Covid-19 Selama Kehamilan di Puskesmas Ambalau. Data yang diperoleh melalui kuesioner dengan wawancara. Dari hasil penelitian didapatkan usia kehamilan responden setengahnya berusia trimester 2 sebanyak 6 responden (50.0%). Dan sebagian besar mendapatkan 1 kali penyuluhan yaitu sebanyak 7 responden (58.3%). Didapati sebagian responden sebanyak 6 responden (50%) memiliki pemahaman yang kurang tentang upaya pencegahan penularan covid-19 selama masa kehamilan. Hal ini perlu dilakukan upaya untuk meningkatkan pemahaman ibu hamil terhadap upaya pencegahan penularan covid 19 agar dapat mengurangi angka kasus yang kian meningkat.

**Kata Kunci** : Pemahaman, Ibu Hamil, pencegahan COVID 19

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*Indonesia is one of the countries affected by the Covid-19 pandemic with a high incidence. This Covid-19 pandemic situation requires understanding in efforts to prevent the spread of Covid-19. The type of research is qualitative with descriptive design. The purpose of this study was to determine the level of understanding of pregnant women about preventing the transmission of Covid-19 during pregnancy at the Ambalau Health Center. Data obtained through questionnaires with interviews. From the results of the study, it was found that half of the respondents' gestational age was in the second trimester as many as 6 respondents (50.0%). And most of them received 1 counseling session as many as 7 respondents (58.3%). It was found that some of the respondents as many as 6 respondents (50%) had a poor understanding of efforts to prevent the transmission of COVID-19 during pregnancy. It is necessary to make an effort to increase the understanding of pregnant women on efforts to prevent the transmission of COVID-19 in order to reduce the increasing number of cases.*

**Keywords :** *Undestanding, pregnant women, Prevention of COVID 19*