

ABSTRAK
HUBUNGAN STATUS GIZI DENGAN PERKEMBANGAN MOTORIK KASAR
PADA ANAK USIA 3-5 TAHUN DI POSYANDU DESA KEMBANGBELOR
KECAMATAN PACET KABUPATEN MOJOKERTO

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Status gizi adalah salah satu faktor yang mempengaruhi perkembangan motorik anak. Anak dengan kurang gizi memiliki perkembangan motorik kasar lebih rendah dibandingkan anak yang tidak kurang gizi. Status gizi dipengaruhi beberapa faktor seperti kondisi fisik, infeksi, pendapatan, pendidikan, pekerjaan, dan budaya. Tujuan penelitian adalah mengetahui hubungan status gizi dengan perkembangan motorik kasar pada anak usia 3-5 tahun di Posyandu Desa Kembangbelor Kecamatan Pacet Kabupaten Mojokerto.

Desain penelitian ini analitik dengan pendekatan *cross sectional*. Dengan *purposive sampling* dibutuhkan sampel sebanyak 86 responden. Pengumpulan data menggunakan lembar observasi. Analisa data menggunakan *uji Chi-Square*. Korelasi, waktu dan tempat.

Hasil penelitian ini didapatkan hubungan status gizi dengan perkembangan motorik kasar pada anak usia 3-5 tahun di Posyandu Kembangbelor Kecamatan Pacet Kabupaten Mojokerto sejumlah 68 anak (61,7%) memiliki status gizi normal dengan perkembangan motorik kasar normal, 10 anak (16,3%) memiliki status gizi normal dengan perkembangan motorik kasar abnormal, 0 anak (6,3%) memiliki status gizi abnormal dengan perkembangan motorik kasar normal, 8 anak (1,7) memiliki status gizi abnormal dengan perkembangan kasar abnormal .

Hasil perhitungan didapatkan $p\text{-value} = 0,000$ ($p < \alpha = 0,05$) yang berarti ada hubungan status gizi dengan perkembangan motorik kasar pada anak usia 3-5 tahun di Posyandu Desa Kembangbelor Kecamatan Pacet Kabupaten Mojokerto.

Kesimpulan penelitian ini adalah ada hubungan status gizi dengan perkembangan motorik kasar pada anak usia 3-5 tahun di Posyandu Desa Kembangbelor Kecamatan Pacet Kabupaten Mojokerto. Berdasarkan penelitian di atas diharapkan orang tua terutama ibu agar memperhatikan status gizi anaknya.

Kata Kunci: Status Gizi, Perkembangan Motorik, Anak di Posyandu

ABSTRACT

THE CORRELATION OF NUTRITIONAL STATUS TO GROSS MOTOR DEVELOPMENT OF CHILDREN AGED 3-5 YEARS IN POSYANDU KEMBANGBELOR PACET MOJOKERTO

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Nutritional is one of factors that may affect motor development in children. Children who are malnutrition have lower motor development than children who are not malnutrition. The nutritional status is influenced by several factor, internal: internal factors include the age of the child's parents, physical condition of the child, infection and external factors include parental income, education of parents, parent's job, culture. The purpose of this study was to determine the correlation of nutritional status to gross motor development of children aged 3-5 years in early childhood Posyandu Kembangbelor Pacet Mojokerto.

The research design was a analytic with cross sectional approach. Sampling did by purposive sampling with number of samples 109 respondents. Collecting data using using observation sheet. Data were analyzed using Chi-Square.

The results of this study showed a relationship between nutritional status and gross motor development in children aged 3-5 years at Posyandu Kembangbelor, Pacet District, Mojokerto Regency, a total of 68 children (61.7%) had normal nutritional status with normal gross motor development, 10 children (16.3%) had normal nutritional status with abnormal gross motor development, 0 children (6.3%) had abnormal nutritional status with normal gross motor development, 8 children (1.7) had abnormal nutritional status with abnormal gross development.

The analysis shows $p\text{-value} = 0,000$ ($p < \alpha = 0,05$), so that H_0 rejected H_1 accepted meaning there is correlation of nutritional status to motor development to school of children aged 3-5 years in early childhood Posyandu in Kembangbelor Pacet Mojokerto.

The conclusion of this research is there correlation of nutritional status to gross motor development of children aged 3-5 years in early childhood Posyandu Kembangbelor Pacet Mojokerto. Based on this research is expected of parent, especially mothers to pay attention to the nutritional status of children.

Keywords: *Nutritional Status, Motor Development, Children's in Posyandu*